Adi's ACT/SB 52

The <u>Oregon Alliance to Prevent Suicide</u> is working with the Oregon Health Authority and the Oregon Department of Education on tools and resources to help support the implementation of <u>Adi's Act, Senate Bill 52</u>. This bill requires school districts to adopt Student Suicide Prevention, Intervention, and Postvention plans with a focus on historically underserved youth including LGBTQIA+ youth and youth of color. The Act is named for a PPS student who was transgender and died by suicide, Adi Straub.

PPS Plan

In PPS we have approached this by documenting the suicide prevention, intervention, and postvention work already in place and our goals to build on the work.

PPS Inventory

In the fall SS&H surveyed all counselor/psych/social worker staff and are now working on responsive ways to collect parent/guardian and student feedback.

Questions? Reach out to Amy Ruona <u>aruona@pps.net</u> and/or Mila Rodriguez-Adair mrodriguezadair@pps.net

Summary of the current/future PPS work in suicide prevention/intervention/postvention

Prevention Strategies and Goals	Component (Who)	Status
District-wide Suicide Prevention/Intervention/Postvention policy and plan (as guided by the model school district policy and plan created by The Trevor Project, AFSP, NASP, and ASCA)	Students, Families, and Staff	Planning/in progress
Universal mental health screener	All students	
Applied Suicide Intervention Skills Training (ASIST) for all counselors/psychs/social workers (2 day)	Staff Education and Training	In progress
QPR or SafeTalk training for Campus Security, Community Agents, Nutrition Services, School Secretaries, and other interested school staff. (1-2 hours)	Staff Education and Training	In progress for some job groups and planning for others
Online Mental Health Training for Teachers	Staff Education/Training	Planning (tbd)
CoVid Adapted PPS Suicide Prevention & Intervention website	Staff	In progress
Annual community-based provider mental wellness fair	Staff Education and Training	In progress

Mental health training for parents/guardians	Family/Caregiver Program	In progress for some schools and planning for others
GSAs/QSAs Annual GSA Summit Bridge 13 Training- SMYRC	Student Program	In progress
Student Interest groups/activities/arts/sports	Student Program	In progress
Culturally specific small groups/mentoring	Student Program	In progress
Race-Based Affinity Groups and staff supports	Student Program	In progress
SEL and Health curricula K-4	Student Program	In progress
Riding the Waves and Health curriculum 5th grade	Student Program	In progress
Look Listen Link curriculum 6th-8th grades and Health curriculum	Student Program	In progress
Signs of Suicide or Response 9th-12th grades and Health curriculum	Student Program	In progress
Lines for Life School presentations	Student Program	In progress
Sources of Strength program	Student led Program	Planning (a few schools are already doing this)
Teen Mental Health First Aid	Student led Program	Planning
Youth Resource App	Students	June launch
Intervention Strategies	Component (Who)	Status
Suicide Intervention Flow Chart	Staff	In progress
Suicide Screening Form	Staff	In progress
Suicide Screening Conversation Toolkits (Long version and Short Version)	Staff	In progress
Safety and Supervision Plan	Students @ school	In progress
At-Home Safety and Support Plan	Students/Family @ home	In progress
Small groups	Students	In progress
Student Success Center	Students	In progress
Mental health and substance use resources, referrals and coordination	Students	In progress

Transition Planning: Students returning to school sample meeting agenda Students leaving a mental health/substance use setting transition plan	Staff, Students, Family	In progress
Title IX Resources and Reporting	Staff, Students, Family	In progress
Title VI Resources and Reporting	Staff, Students, Family	Planning

PostVention Strategies

Multco Behavioral Health Crisis Recovery Plan

After a Suicide Toolkit (American Foundation to Prevent Suicide & Suicide Prevention Resource Center)